



MEETING THE NEEDS OF PEOPLE  
LIVING WITH ALZHEIMER'S &  
DEMENTIA-RELATED DISORDERS



## **EVENING RESPITE PROGRAM**

**Monday - Friday**

**3 pm – 7 pm**

*at the*

### **New York Memory Center**

199 14<sup>th</sup> Street, between 4<sup>th</sup> and 5<sup>th</sup> Avenues, Park Slope, Brooklyn

New York Memory Center is offering extended hours for adults living with Alzheimer's Disease and other forms of memory loss.

The program includes:

- Mediterranean diet dinner
- Transportation from most Brooklyn neighborhoods
- Socializing and peer support
- Therapeutic activities including exercise, art, and music
- Computer Cognitive Training
- Worry-free respite time for caregivers to relax or do errands

**For more information about the program, costs, and to register, please contact Program Director Josephine Brown at 718-499-7701 ext. 321.**

To see the benefits of attending the New York Memory Center for people with memory loss and their caregivers, please visit our website and watch the short videos about our program that are linked at [nymemorycenter.org](http://nymemorycenter.org).