



MEETING THE NEEDS OF PEOPLE  
LIVING WITH ALZHEIMER'S &  
DEMENTIA-RELATED DISORDERS

# CAREGIVERS SUPPORT GROUP

For persons caring for someone with  
Alzheimer's Disease and other forms of dementia.

**1<sup>ST</sup> AND 3<sup>RD</sup> WEDNESDAYS**

**6:30 – 8 PM**

**NEW YORK MEMORY CENTER**

199 14<sup>th</sup> Street, between 4<sup>th</sup> and 5<sup>th</sup> Avenues,  
Park Slope, Brooklyn • [www.nymemorycenter.org](http://www.nymemorycenter.org)

Sessions are free of charge.

This group is facilitated by Jan Yaffe, MFT.

Please contact us prior to attending this support group.  
Megan Christ, LMSW, Caregiver Social Worker, can provide more information  
as well as assistance if you need care for your loved one during the meeting.

Please call Megan at 718-499-7701, ext. 321  
or email her at [mchrist@nymemorycenter.org](mailto:mchrist@nymemorycenter.org).

***We look forward to seeing you!***

Support groups are an important place for caregivers – family members, friends, or helpers – to meet and share information, give and receive mutual support, and exchange coping strategies in relation to caring for a person with memory loss. Trained leaders help members learn ways of dealing with the problems they encounter as caregivers.

**Upcoming sessions 2018: March 7 and 21, April 4 and 18**