

MEETING THE NEEDS OF PEOPLE LIVING WITH ALZHEIMER'S & DEMENTIA-RELATED DISORDERS







## **EVENING RESPITE PROGRAM**

## Monday - Friday 2 pm - 7 pm New York Memory Center

199 14th Street, between 4th and 5th Avenues, Park Slope, Brooklyn

New York Memory Center offers extended hours\* for adults living with Alzheimer's Disease and other forms of memory loss. The program includes:

- Mediterranean diet meals
- Transportation from most Brooklyn neighborhoods
- Socializing and peer support
- Therapeutic activities including exercise, art, and music
- Computer Cognitive Training
- Worry-free respite time for caregivers to work, relax or do errands

For more information about the program, costs, and to register, please contact Executive Director Josephine Brown at 718-499-7701 ext. 321.

\* Ask about our extended hours early drop-off starting at 7 a.m. for caregivers with long days.

To see the benefits of attending the New York Memory Center for people with memory loss and their caregivers, please visit the "Programs" page on our website for more details and short videos about our at **nymemorycenter.org**.